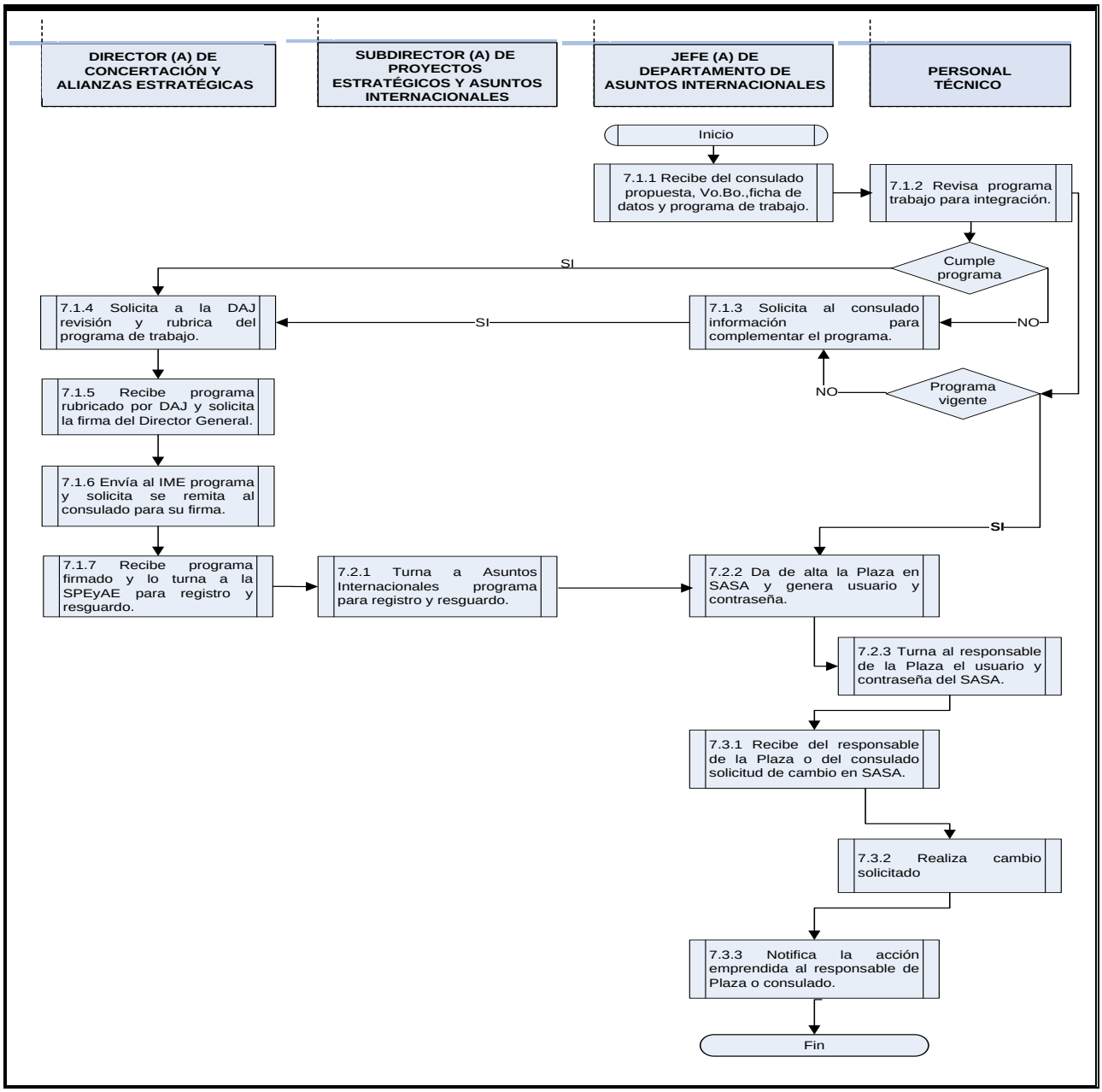Altas y Movimientos de Plazas Comunitarias en el Exterior